

Leg 1 – 1.4 mile run

Mass start in the north parking lot, run past the organizational camp, and right onto the two-track that leads to the main trail. Right turn onto the main trail emerging from the trail on the north side of the boat launch parking area. Run to transition area #1.

Transition Area #1

Leg 2 – 20.5 mile bike (on paved roads)

Leaving the park, turn right on Seymour Rd., right on Wooster Rd., right on Coon Hill Rd., follow Coon Hill Rd. as it turns left towards the village of Munith through the 11 mile point. Turn right onto Waterloo- Munith Rd. until it intersects with Park Rd. Turn right to stay on Waterloo – Munith Rd. Continue on Waterloo-Munith Rd. until turning right onto Clear Lake Rd. at the intersection with the Waterloo Party Store. Follow Clear Lake Rd. to Clear Lake Park entrance, turn left into park entrance, transition area #2 will be on the right.

Transition Area #2 –

Leg 3 – 0.5 mile swim

Swim easterly across Clear Lake keeping buoys on the left, finishing at a private home on the east shore.

Leg 4 – 4.0 mile run

Leaving the private cottage turn left onto South Clear Lake Shores Rd, bear right at intersection, continuing on turn right onto Loveland Rd., left on the Waterloo- Pinckney Hiking Trail, bear immediately onto the right hand trail. Follow trail until it emerges on McClure Rd, turn left. Continue on McClure Rd. until reaching the Waterloo Parks Headquarters, enter the open grass area across from headquarters picking up the trail on the southeast side of the opening. Follow the trail across Ridge Rd., continue on Waterloo Trail until intersection with Lakeview Trail. Turn left onto Lakeview Trail, following it north until reaching Mill Lake fishing site parking area at the northwest corner of Mill Lake.

Leg 5 – 0.25 mile swim

Swim easterly across Mill Lake, ending at the old beach for the Fresh Air Camp which no one has used in years and therefore doesn't look like a beach. Keep all buoys on the left until turning left at last buoy heading towards the beach.

Leg 6 - 3.4 mile run

Exiting Mill Lake heading east along the gravel two track road, going past the Fresh Air Camp facilities, then bearing left following the gravel path until entering the wooded trail on the right continuing over a small wooden bridge. The wooded trail will emerge onto the paved access road to the Discovery Center, continue 150 yards past the Discovery center and turn right onto the Waterloo – Pinckney Trail. Leaving the parking lot onto the trail follow the Waterloo- Pinckney trail through the snowmobile barrier. Continue straight through the Lakeview trail intersection. There will be two way traffic with leg 4 runners. Cross Ridge Rd., continue on

the trail until reaching the Waterloo Parks Headquarters, bear left (southwest) onto the Waterloo Trail. This trail will continue down a steep hill to the north shore of Crooked Lake.

Leg 7 – 0.7 mile swim

Swim south- southwest down the narrow lake near the west shore and finish on the beach that is approximately 100 yards south of the wooden dock. Keep buoys on the right turning right into the beach at the last buoy.

Leg 8 - 3.3 mile run

Exiting Crooked Lake, go north from the beach continue through the boat access parking lot and follow the access road north and then west. Turn left onto Loveland, and then right onto Green Rd. Continue on Green Rd. until turning right on the Waterloo Bridle Trail that is just 150 yards east of Clear Lake Rd. Follow the horse trail north, staying to the left at the trail intersection. Turn right onto the paved road, Clear Lake Rd. Run on the shoulder of Clear Lake Rd. heading north to the Clear Lake Park Entrance and transition area #2.

Transition Area #2

Leg 9 – 5.8 mile bike

On your bike, turn right onto Clear Lake Rd., left onto Trist Rd. continue as Trist Rd. turns into Seymour Rd. until the entrance of Portage Lake Park. Turn right into Portage Lake Park and into transition area #1.

Leg 10 – 1.4 mile run

Leaving transition area #1 run through the north parking lot, past the organizational camp, and onto the two-track that leads to the main trail. Right turn onto the main trail emerging from the trail on the north side of the boat launch parking area. Run to the FINISH near transition area #1.